

# Transitioning to a more resilient community

Wednesdays, 6 to 8 pm, beginning with dinner in Haywood-Duke Room at Holy Trinity

## January—Theme is “Change”

18—Overview of class (Kathe) Film, “Be the Change”

Setting our intentions for the New Year

25—“The Psychology of Change” Speaker & Discussion—Sarah Denman—Changing the way we live our lives—one woman’s experience (45 min.)

## February—Theme is “Energy”

1—Read and Discuss *The Party’s Over*, chapters 1 and 4 (available on web in PDF form that can be downloaded and printed)

8—Film “Energy Crossroads: A burning need to change course” and discussion

15—Speaker and Discussion: Peter Kauber, “Energy alternatives”

22—Ash Wednesday—no meeting

29—Speaker & Discussion—Andy Courts, Practical tips and hints about saving energy (hands’ on)

## March—Theme is “Transportation & Housing”

7—Read and Discuss *Plan B, 3.0*, chapter 10, “Designing Cities” (Lester Brown, Earth Policy Institute.

14—Film “Escape from Suburbia”

21—Re-skilling--How to navigate the bus routes and other ways to get around in Greensboro, Bike maintenance, Setting up a car pool networks.

28— Speaker & Discussion—The Cottage Grove Initiative (Christina Stone) and Low cost green housing (Walt Schnabel )

## April—Theme is “Waste”

4—Holy Week-No class

11—Co-Creation 2012: Big art show and conference at Holy Trinity, No class

18—Film “Trashed”

25—Re-skilling workshop—home composting. Leave with plans to easily build a home composting system. Kevin Dowling, speaker.

## May—Theme is “Food, Water & Health”

2—Book Discussion, “Animal, Vegetable, Miracle” by Barbara Kingsolver

9—Film “Fresh”

16—Field trip and tour of the Edible Schoolyard

23—Cooking class with seasonal food

30—Project—planting a plot in the HT Community Garden, or a re-use project.